

PRAYER AFTER COMMUNION

May your holy gifts, O Lord,
we pray,
give us life by making us new,
and, by sanctifying us,
lead us to things eternal.
Through Christ our Lord.
Amen.

PRAYER OVER THE PEOPLE *(Optional)*

Renew your people within
and without, O Lord,
and, since it is your will
that they be unhindered by
bodily delights,
give them, we pray,
perseverance in their spiritual
intent.
Through Christ our Lord.
Amen.

. . .

RESPONDING TO THE WORD

Jesus is able to heal even from far
away.

● **What healing do I ask for
today?**

Jesus, please heal me...

TUESDAY MARCH 24

LENTEN WEEKDAY

ENTRANCE ANTIPHON

(Cf. Isaiah 55:1)

All who are thirsty, come
to the waters, says the Lord.
Though you have no money,
come and drink with joy.

COLLECT

May the venerable exercises
of holy devotion
shape the hearts of your
faithful, O Lord,
to welcome worthily
the Paschal Mystery
and proclaim the praises of
your salvation.
Through our Lord Jesus
Christ, your Son,
who lives and reigns with
you in the unity of the
Holy Spirit,
one God, for ever and ever.
Amen.

READING (*Ezekiel 47:1-9, 12*)

The angel brought me, Ezekiel, back to the entrance of the temple of the LORD, and I saw water flowing out from beneath the threshold of the temple toward the east, for the façade of the temple was toward the east; the water flowed down from the right side of the temple, south of the altar. He led me outside by the north gate, and around to the outer gate facing the east, where I saw water trickling from the right side. Then when he had walked off to the east with a measuring cord in his hand, he measured off a thousand cubits and had me wade through the water, which was ankle-deep. He measured off another thousand and once more had me wade through the water, which was now knee-deep. Again he measured off a thousand and had me wade; the water was

up to my waist. Once more he measured off a thousand, but there was now a river through which I could not wade; for the water had risen so high it had become a river that could not be crossed except by swimming. He asked me, “Have you seen this, son of man?” Then he brought me to the bank of the river, where he had me sit. Along the bank of the river I saw very many trees on both sides. He said to me, “This water flows into the eastern district down upon the Arabah, and empties into the sea, the salt waters, which it makes fresh. Wherever the river flows, every sort of living creature that can multiply shall live, and there shall be abundant fish, for wherever this water comes the sea shall be made fresh. Along both banks of the river, fruit trees of every kind shall grow; their leaves shall not fade, nor their

fruit fail. Every month they shall bear fresh fruit, for they shall be watered by the flow from the sanctuary. Their fruit shall serve for food, and their leaves for medicine.”

RESPONSORIAL PSALM

(Psalm 46:2-3, 5-6, 8-9)

**R. The Lord of hosts is with us;
our stronghold is the God of
Jacob.**

God is our refuge and
our strength,
an ever-present
help in distress.

Therefore we fear not, though
the earth be shaken
and mountains plunge
into the depths
of the sea. R

There is a stream whose
runlets gladden the
city of God,
the holy dwelling of
the Most High.

God is in its midst; it shall
not be disturbed;

God will help it at the
break of dawn. R
The LORD of hosts is with us;
our stronghold is
the God of Jacob.
Come! behold the deeds
of the LORD,
the astounding things
he has wrought
on earth. R

VERSE BEFORE THE GOSPEL

(Psalm 51:12a, 14a)

**Praise to you, Lord Jesus Christ,
King of endless glory.** A clean
heart create for me, O God;
give me back the joy of your
salvation. **Praise to you, Lord
Jesus Christ, King of endless glory.**

GOSPEL *(John 5:1-16)*

There was a feast of the
Jews, and Jesus went
up to Jerusalem. Now
there is in Jerusalem at the
Sheep Gate a pool called in
Hebrew Bethesda, with five
porticoes. In these lay a large

number of ill, blind, lame, and crippled. One man was there who had been ill for thirty-eight years. When Jesus saw him lying there and knew that he had been ill for a long time, he said to him, “Do you want to be well?” The sick man answered him, “Sir, I have no one to put me into the pool when the water is stirred up; while I am on my way, someone else gets down there before me.” Jesus said to him, “Rise, take up your mat, and walk.” Immediately the man became well, took up his mat, and walked.

Now that day was a sabbath. So the Jews said to the man who was cured, “It is the sabbath, and it is not lawful for you to carry your mat.” He answered them, “The man who made me well told me, ‘Take up your mat and walk.’” They asked him, “Who is the man who told you, ‘Take it up

and walk?’” The man who was healed did not know who it was, for Jesus had slipped away, since there was a crowd there. After this Jesus found him in the temple area and said to him, “Look, you are well; do not sin any more, so that nothing worse may happen to you.” The man went and told the Jews that Jesus was the one who had made him well. Therefore, the Jews began to persecute Jesus because he did this on a sabbath.

PRAYER OVER THE OFFERINGS

We offer to you, O Lord,
 these gifts which you yourself
 have bestowed;
 may they attest to your care
 as Creator
 for this our mortal life,
 and effect in us the healing
 that brings us immortality.
 Through Christ our Lord.

Amen.

COMMUNION ANTIPHON

(Cf. Psalm 23 [22]:1-2)

The Lord is my shepherd;
there is nothing I shall want.
Fresh and green are the
pastures where he gives me
repose, near restful waters he
leads me.

PRAYER AFTER COMMUNION

Purify our minds,
O Lord, we pray,
and renew them with this

heavenly Sacrament,
that we may find help for
our bodies
now and likewise in times
to come.

Through Christ our Lord.

Amen.

PRAYER OVER THE PEOPLE *(Optional)*

Grant, O merciful God,
that your people may remain
always devoted to you
and may constantly receive

Today's Good News

There were many people in today's gospel who were sick, blind, or crippled. I have felt degrees of all of these things in my times of brokenness. My sin has made me sick. I have not been able to see myself or my situation clearly. I have been stuck, unable to move forward. I have been broken and betrayed, flat on my mat. Jesus comes to me in that sad state. He speaks words of peace and power. He has compassion for our mess and our pain, but praise God, our Savior does not leave us mired in it. Rise, he says. Get off that mat. Pick it up and walk. I hear his voice clearly. Shake off that self-pity and rise up. He does his part, the healing. We do our part, the walking. Do you feel flat on your mat today? Jesus is calling us to dust off and move on.

KRISTIN ARMSTRONG

from your kindness
whatever is for their good.
Through Christ our Lord.

Amen.



RESPONDING TO THE WORD

Jesus wants to heal us if only we
“want to be well.”

● **What healing would I ask for
today?**

Jesus, heal me...

« Listen to the Savior:

I regenerated you;
I set you free;
I healed you;
I redeemed you.
I will give you life that
is unending, eternal,
supernatural. »

ST. CLEMENT OF ALEXANDRIA

WEDNESDAY MARCH 25

THE ANNUNCIATION
OF THE LORD



This feast celebrates the wondrous event that binds God and humanity forever. Christ, the Word who becomes the Son of Mary, is enfleshed in her womb, making Mary the Mother of God. The liturgy celebrates the beginning of God’s new redemptive work and recognizes Mary as the “new Eve,” the obedient and faithful woman who agreed to be a participant in God’s plan of salvation. May we imitate her trusting commitment when she gave herself fully to God’s mysterious ways. ●