



THURSDAY MARCH 26

LENTEN WEEKDAY

ENTRANCE ANTIPHON

(Cf. Psalm 105 [104]:3-4)

Let the hearts that seek the Lord rejoice; turn to the Lord and his strength; constantly seek his face.

COLLECT

We invoke your mercy in humble prayer, O Lord, that you may cause us, your servants, corrected by penance and schooled by good works, to persevere sincerely in your commands and come safely to the paschal festivities. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit,

one God, for ever and ever.

Amen.

READING *(Exodus 32:7-14)*

The LORD said to Moses, “Go down at once to your people whom you brought out of the land of Egypt, for they have become depraved. They have soon turned aside from the way I pointed out to them, making for themselves a molten calf and worshipping it, sacrificing to it and crying out, ‘This is your God, O Israel, who brought you out of the land of Egypt!’ The LORD said to Moses, “I see how stiff-necked this people is. Let me alone, then, that my wrath may blaze up against them to consume them. Then I will make of you a great nation.”

But Moses implored the LORD, his God, saying, “Why, O LORD, should your wrath blaze up against your own people, whom you brought

out of the land of Egypt with such great power and with so strong a hand? Why should the Egyptians say, ‘With evil intent he brought them out, that he might kill them in the mountains and exterminate them from the face of the earth?’ Let your blazing wrath die down; relent in punishing your people. Remember your servants Abraham, Isaac and Israel, and how you swore to them by your own self, saying, ‘I will make your descendants as numerous as the stars in the sky; and all this land that I promised, I will give your descendants as their perpetual heritage.’” So the Lord relented in the punishment he had threatened to inflict on his people.

RESPONSORIAL PSALM

(Psalm 106:19-20, 21-22, 23)

**R Remember us, O Lord,
as you favor your people.**

Our fathers made a calf
in Horeb
and adored a molten image;
They exchanged their glory
for the image of a
grass-eating bullock. **R**
They forgot the God
who had saved them,
who had done great
deeds in Egypt,
Wondrous deeds in the land
of Ham,
terrible things at
the Red Sea. **R**
Then he spoke of
exterminating them,
but Moses, his chosen one,
Withstood him in the breach
to turn back his
destructive wrath. **R**

VERSE BEFORE THE GOSPEL

(John 3:16)

**Praise to you, Lord Jesus Christ,
King of endless glory!** God so
loved the world that he gave
his only-begotten Son, so that
everyone who believes in him

might have eternal life. **Praise to you, Lord Jesus Christ, King of endless glory!**

GOSPEL (*John 5:31-47*)

Jesus said to the Jews: “If I testify on my own behalf, my testimony is not true. But there is another who testifies on my behalf, and I know that the testimony he gives on my behalf is true. You sent emissaries to John, and he testified to the truth. I do not accept human testimony, but I say this so that you may be saved. He was a burning and shining lamp, and for a while you were content to rejoice in his light. But I have testimony greater than John’s. The works that the Father gave me to accomplish, these works that I perform testify on my behalf that the Father has sent me. Moreover, the Father who sent me has testified on my behalf. But you have never heard his voice

nor seen his form, and you do not have his word remaining in you, because you do not believe in the one whom he has sent. You search the Scriptures, because you think you have eternal life through them; even they testify on my behalf. But you do not want to come to me to have life.

“I do not accept human praise; moreover, I know that you do not have the love of God in you. I came in the name of my Father, but you do not accept me; yet if another comes in his own name, you will accept him. How can you believe, when you accept praise from one another and do not seek the praise that comes from the only God? Do not think that I will accuse you before the Father: the one who will accuse you is Moses, in whom you have placed your hope. For if you had believed Moses, you would

have believed me, because he wrote about me. But if you do not believe his writings, how will you believe my words?”

PRAYER OVER THE OFFERINGS

Grant, we pray, almighty God, that what we offer in sacrifice may cleanse us in our frailty

from every evil
and always grant us your
protection.

Through Christ our Lord.

Amen.

COMMUNION ANTIPHON

(Jeremiah 31:33)

I will place my law within them, and I will write it upon their hearts; and I will be their God, and they shall be my people, says the Lord.

PRAYER AFTER COMMUNION

May this Sacrament we have received purify us, we pray,
O Lord,
and grant your servants
freedom from all blame,

Today's Good News

“You search the Scriptures, because you think you have eternal life through them; even they testify on my behalf. But you do not want to come to me to have life” (John 5:39-40). » I admit that I do not always and every time race with excitement to Mass. I drag my feet. I sometimes don't even want to go. Why? Various reasons. The hassle of getting everyone ready. The spiritual discipline of stifling my inner critic. And undoubtedly, deep down, the knowledge that I am going to hear exactly what I need to hear, whether I want to or not. For that's what happens. Jesus meets me, speaks to my wandering heart, and I understand, again: here is life. Always and every time. *Lord, deepen my love for you in the Eucharist during this season of Lent.* **AMY WELBORN**

that those bound by a guilty
conscience
may glory in the fullness of
heavenly remedy.
Through Christ our Lord.
Amen.

PRAYER OVER THE PEOPLE *(Optional)*

O God, protector of all who
hope in you,
bless your people, keep them
safe,
defend them, prepare them,
that, free from sin and safe
from the enemy,
they may persevere always in
your love.
Through Christ our Lord.
Amen.



RESPONDING TO THE WORD

Jesus reminds us that our actions
tell others who we are.

- **What do my actions reveal
about my desire to be changed
this Lent?**

Jesus, help me...

FRIDAY
MARCH 27

LENTEN WEEKDAY

ENTRANCE ANTIPHON

(Cf. Psalm 54 [53]:3-4)

O God, save me by your
name; by your power, defend
my cause. O God, hear my
prayer; give ear to the words
of my mouth.

COLLECT

O God, who have prepared
fitting helps for us in our
weakness,
grant, we pray, that we may
receive
their healing effects with joy
and reflect them in a holy
way of life.

Through our Lord Jesus
Christ, your Son,
who lives and reigns with
you in the unity of the
Holy Spirit,
one God, for ever and ever.
Amen.